

# Stretching Exercise 1

Standard tuning

♩ = 120

1 *mf*

Musical notation for measures 1-3. The top staff is in treble clef, 4/4 time, with a key signature of one sharp (F#). The bottom staff is a guitar TAB with six lines. Measure 1: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 8, 10, 10, 9, 8, 10, 11. Measure 2: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 8, 10, 12, 9, 8, 10, 11. Measure 3: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 7, 9, 9, 8, 7, 9, 10.

4

Musical notation for measures 4-6. Measure 4: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 7, 9, 11, 8, 7, 9, 10. Measure 5: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 6, 8, 8, 7, 6, 8, 9. Measure 6: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 6, 8, 10, 7, 6, 8, 9.

7

Musical notation for measures 7-9. Measure 7: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 5, 7, 7, 6, 5, 7, 8. Measure 8: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 5, 7, 9, 6, 5, 7, 8. Measure 9: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 4, 6, 6, 5, 4, 6, 7.

10

Musical notation for measures 10-12. Measure 10: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 4, 6, 8, 5, 4, 6, 7. Measure 11: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 5, 7, 7, 6, 5, 7, 8. Measure 12: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 5, 7, 9, 6, 5, 7, 8.

13

Musical notation for measures 13-15. Measure 13: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 6, 8, 8, 7, 6, 8, 9. Measure 14: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 6, 8, 10, 7, 6, 8, 9. Measure 15: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 7, 9, 9, 8, 7, 9, 10.

16

Musical notation for measures 16-18. Measure 16: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 7, 9, 11, 8, 7, 9, 10. Measure 17: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 8, 10, 10, 9, 8, 10, 11. Measure 18: Treble clef notes are G4, A4, B4, C5, B4, A4, G4. TAB notes are 8, 10, 12, 9, 8, 10, 11.

19

T  
A  
B